

DONIYA BETTER *Initiative*

The phrase "Doniya Behter" (دُنیا بہتر) means "Making the world better" in several South Asian languages.

Doniya Behter project support families of migrants and refugee children with autism and equip them with tools and knowledge to navigate the disability system.

Thanks to NDIA funding and partnerships, this project is now expanding to Sydney and Regional Victoria.



Our Focus Areas

- Strengthening parents and community leaders from migrant and refugee communities with knowledge and advocacy skills.
- Supporting parents to develop and implement culturally inclusive, individualised routines and activities for children with Autism.

Sarah's Story

Sarah*, a 10-year-old with Autism Spectrum Disorder (ASD), struggled at home despite thriving at school. Her family, newly arrived from South Asia, faced difficulties due to the lack of culturally tailored support.

With the help of an expert in developing activity-based resources, we replicated the successful school routine and resources at home in a culturally inclusive manner. The approach was led by Sarah and her parents, with valuable input from support workers and therapists. Together, they created a structured, individualised routine that was inclusive of their cultural values, which strengthened Sarah and the family. The outcome was a dramatic improvement in Sarah's behaviour, leading to a more positive quality of life for her, her sibling, and the family. The family gained confidence in interacting with Sarah, and the parents became equipped with the knowledge to better navigate the disability system.

**name changed for confidentiality*



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**FREE
SUPPORT
NO NDIS PLAN
REQUIRED
LIMITED
SEATS**

ACTIVITIES

**PARENTS /COMMUNITY LEADERS
INTERACTIVE WORKSHOPS**

**TAILORED ROUTINE PROGRAM
FOR CHILDREN**

Get Involved

If you know a family, client, or community in Sydney or Regional Victoria, connect with us to discuss this free initiative.



"The entire system felt overwhelming and unfamiliar; we had no idea where to begin. But with the right support, we slowly found our way and a sense of belonging."

A parent from Hazara community

Contact Us Today

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